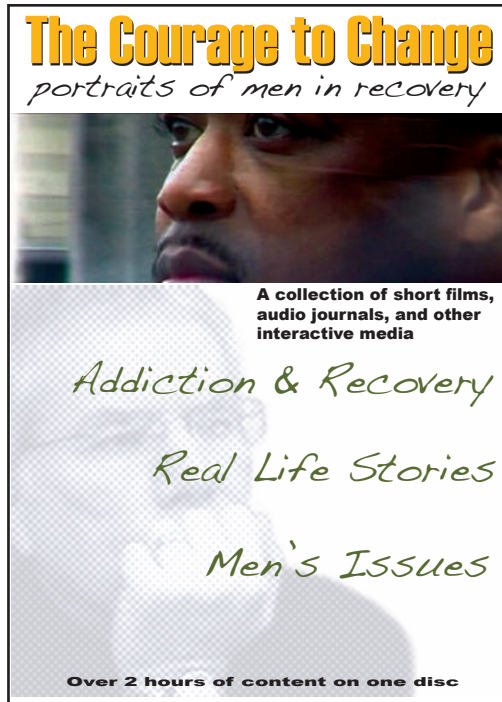




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## Courage to Change DVD Post-Test

Date: \_\_\_\_\_

Please circle the correct answer

Name: \_\_\_\_\_

1. Bob Carty used the term, "Impression management," to describe which of the following:
  - a. The use of "Toxic masculinity" to hurt others
  - b. The suit of armor by which men try to protect themselves
  - c. A way that men try to judge the actions of others
  - d. Being the same, inside and out
2. In *Side Saddle on the Expressway*, what "Miracle" helped Greg come out of his shell as a teenager:
  - a. Wild Irish Rose
  - b. Reefer
  - c. Beer
  - d. Crack cocaine
3. In *You Can't Beat the Cheat*, who expressed a belief in Andy that became a turning point in his recovery?
  - a. His wife
  - b. A parole officer
  - c. His mother
  - d. A judge
4. In *You Can't Beat the Cheat*, which of the following occurred that seemed to motivate Andy toward recovery:
  - a. His daughter saw him stealing hubcaps
  - b. His wife found out he was cheating
  - c. He got caught stealing bicycles
  - d. His mother died of liver disease
5. In *Side Saddle on the Expressway*, Greg states that going through a grieving process over being HIV positive:
  - a. Was a reminder to him that he needed to go it alone
  - b. Only occurs when you have no support
  - c. Happens repeatedly regardless of the support you have
  - d. Is normal
6. In *Like an Afterschool Special*, What does Jim describe as the two worst years of his life:
  - a. The last two years he was using
  - b. The year after high school and the year after his divorce
  - c. The last year he was using and the first year he was sober
  - d. The first two years of his sobriety
7. In *Like an Afterschool Special*, Jim's divorce:
  - a. Occurred after he was sober for ten years
  - b. Was the final straw motivating him to get sober
  - c. Led him to becoming suicidal
  - d. Made it impossible for Jim to be friends with his ex-wife
8. Bob Carty describes sensitivity as which of the following:
  - a. A vulnerability related to wounds from one's father
  - b. Empathizing with other men
  - c. Being able to respond to the situation you're in
  - d. The result of being brutalized
9. In *Shaggity, Raggity, Draggity*, Steve states that sobriety rewards you:
  - a. Brutal honesty with others even when the truth hurts
  - b. Directness and Honesty, but it's important to be positive in that directness and honesty
  - c. Directness with others and honesty with oneself
  - d. Being positive toward others, even if it means not being entirely honest
10. Bob Carty identifies which of the following as a potential threat to a male friendship:
  - a. Job loss
  - b. Toxic masculinity
  - c. Sobriety
  - d. Lack of loyalty